

Republic Parks & Recreation  
**Girls Youth Volleyball Rules**  
2003

*The Republic Parks and Recreation Department will follow Missouri State High School Athletic Association (MSHSAA) rules, with exceptions for certain rules as follows:*

1. Teams must be comprised of at least eight players and we recommend no more than 12 players. At least four players must be present at the start of the game or the game will be considered a forfeit. The match will be a forfeit ten minutes after the scheduled match time.
2. Each match will consist of a best of three series of games. The first two games will be to 15 points, and the third, if needed, will be to 8 points. Every game must be won by a 2-point margin.
3. There will be no time limit for each game.
4. The rest period between games will be one minute and three minutes between matches.
5. Injury substitution may be made at any time and a team may play with fewer than four players if an injury during the game causes the team to be short.
6. Teams will follow standard substitution procedures. Standard substitution procedures are as follows: Starting players may be replaced by any player on the bench (but not by another starter). Once a starter is replaced, to be eligible to come back into the game she must re-enter for the player who took her spot (her substitute). The rotation must continue in the same manner. Up to three players may be in the rotation. The rotation, once started, cannot be broken for that game. No substitutes can sub for more than one starter/position in the same game. Rotations may change for other games in the match.
7. Each team must provide their own line judge for each game.
8. Time-outs may be requested any time the ball is dead. Time-outs shall not exceed one minute. A team is allowed one time out per game with no carry over.
9. Girls in the 6<sup>th</sup> – 8<sup>th</sup> grade league will serve from the baseline. Girls in the 4<sup>th</sup> and 5<sup>th</sup> grade may serve from the free throw line.
10. Poor sportsmanship will not be tolerated. As a coach you are responsible for your team's crowd and their actions.
  - If a problem occurs in your team's crowd, you will be given a warning & yellow card to take care of the situation.
  - If the problem still exists after the warning, the coach will once again be notified and the referee will issue a red card with a point/side out against the offending crowds team.
  - Further problems will result in a forfeit of the game and possible suspensions of teams, coaches, or fans.
  - If a fan is ejected from the game/facility more than once, the fan may be expelled from the facility pending a meeting with the Recreation Supervisor and/or Community Services Director.

11. The official team roster and Coaches Code of Ethics must be filled out completely and turned in before the first game of the season. A team line up with names and starting positions must be turned in to the score keeper at least 10 minutes prior to game time.
12. A player can participate on only one team, that being the team for which she is on the official team roster. Players found to be playing on a team other than the team for which she is on the official team roster will be suspended for the rest of the program. The team(s) for which the player played illegally will forfeit all games in which he or she participated and the coach will be suspended for the next two games. Players participating without being listed on the official team roster are considered ineligible. Teams found using an ineligible player will forfeit all games in which the ineligible player participated. No new players may be added to the team roster or change teams after the first game of the season has been played.
13. Should a team forfeit two consecutive games without notifying the Recreation Department the team will be dropped from the league. Notification must be given two working days prior to the forfeiture
14. Two adult coaches are permitted on the "bench." Coaches are to remain seated on the bench while play is in progress. Coaches who do not abide by this rule may receive a warning/yellow card from the referee and may receive a red card & point/side out at the discretion of the referee.
15. No protests are allowed on judgement calls of the officials. The official score sheet will be final. Concerns about officials must be made to the recreation supervisor. All protests must be filed by the head coach or the assistant coach at the Activity Center within twenty-four hours of the violation.
16. Unsportsmanlike conduct will not be tolerated. As stated in the high school volleyball rules, a yellow card will be given as a warning for improper behavior and a red card & point/side out if the behavior continues. Major misconduct may receive a red card & point side out on the first offense. Three minor offenses, two major offenses or a single flagrant offense will result in ejection for the individual or individuals involved and a point/side out for the other team. If a coach or player is ejected from the game/facility more than once, the coach/player may be expelled from the facility pending a meeting with the Recreation Supervisor and/or Community Services Director.
17. The recreation supervisor reserves the right to make final determination on any rules or interpretations that may differ from the high school rulebook.
18. All players, coaches, and team followers assume all risk of accidents and injury arising out of participation in the Republic Parks and Recreation Program.
19. Games will be played according to the times and dates scheduled. Games will not be changed unless extreme circumstances arise. Rescheduling of games will be judged on a case-by-case basis. If a conflict arises please notify the recreation supervisor as soon as possible.